



ADULT CLASSES

DATES AND TIMES 2026

MOANA POOL

COURSE DATES 2026

TERM 4

BLOCK 1

Monday 12 October – Monday 9 November
(4 week block – no lessons Monday 26 October
Labour Day)

Wednesday 14 October – Wednesday 11 November

BLOCK 2

Monday 16 November – Monday 14 December
Wednesday 18 November – Wednesday 16 December

CLASS TIMES

JUST SWIM FOR CONFIDENCE

Monday	6.35pm
Wednesday	6pm

JUST SWIM TO MOVE

Monday	6pm
Wednesday	6.35pm

JUST SWIM FURTHER

Monday	7.10pm
Wednesday	7.10pm

JUST SWIM FOR FITNESS AND TRAINING

Monday	7.10pm
Wednesday	7.10pm

The five week course gives swimmers one lesson a week on the day booked and free access to Dunedin pools to practice for the duration of the course.

VISIT: www.justswim.nz for further information and enrolment.

03 471 9659 | justswim@dcc.govt.nz